

ABSTRACT OF THE DISCLOSURE

In a head positioning method and device in which the position of position signals between heads is not uniform, it is aimed to reduce the time taken to find the position signals even when heads are switched. The storage disk device comprises a storage disk 1 with the position signal, a plurality of heads 3a through 3d that read the information from recording disk 1, an actuator 5 that moves the heads, and a control circuit 11 that positions the heads based on the position signals read from the recording disk by the selected head. This control circuit 11 comprises a synchronization circuit 6 that, in response to a head switching cue, synchronizes the time of the detection signal for detecting the position signal with the time of the position signal read by the head to which switching is directed, and a processing circuit 11 that reads the position signal for the head in response to the synchronized detection signal and positions the head in response to the position signal read.